

Student Lunch \$3.25 Reduced Lunch \$0.40 Adult Lunch \$3.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

Great Grillers

Monday-Hamburger or Cheeseburger on a Bun
Tuesday-Buffalo or Crispy Chicken Sandwich
Wednesday-Philly Cheesesteak Hero
Thursday-Chicken Parm Sandwich
Friday-Tuna Sandwich

Deli Central

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings


Harvest Market

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!   

The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	3 New Recipe! "Sriracha" Cheeseburger on a Bun Tater Tots Fresh or Chilled Fruit	4 National Taco Day! Tacos with Taco Meat, Shredded Cheddar Cheese, Diced Tomatoes, Shredded Lettuce, and Salsa Steamed Rice Corn Fresh or Chilled Fruit	5 Pasta Alfredo Roasted Vegetables Warm Breadstick Fresh or Chilled Fruit	6 Personal Pan Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
9 School Closed	10 Meatball Parm Sandwich Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	11 Breakfast for Lunch Bacon, Egg, & Cheese on a Croissant Bun Hash Browns Fresh or Chilled Fruit	12 New Recipe! #ThrowbackThursday Buffalo Chicken Mac & Cheese Soft Pretzel Stick Steamed Broccoli Fresh or Chilled Fruit	13 Stuffed Crust Pizza Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit
NATIONAL SCHOOL LUNCH WEEK				
16 Crispy Chicken BLT on a Roll Freshly Prepared Creamy Cucumber Salad Fresh or Chilled Fruit	17 Rodeo Burger on a Bun with BBQ Sauce & Onion Rings French Fries Fresh or Chilled Fruit	18 SCOOP-A-BOWL Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes & Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit	19 Hot Dog Vegetarian Beans French Fries Fresh or Chilled Fruit	20 Twisted Cheesy Breadsticks with Marinara Sauce Pasta Marinara Locally Grown Veggie Dippers Fresh or Chilled Fruit
23 Grilled Cheese Sandwich with Bacon Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit	24 New Recipe! Chicken Fried Rice Steamed Vegetables Mandarin Oranges Fresh or Chilled Fruit Fortune Cookie	25 Pasta with Meat Sauce Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	26 California Chicken Tender Hero with Lettuce, Tomato, & Mayo Freshly Prepared Tomato Salad Fresh or Chilled Fruit	27 Mini Pepperoni Calzones with Marinara Sauce Freshly Prepared Italian House Salad Fresh or Chilled Fruit
30 Buffalo Popcorn Chicken Basket with Soft Pretzel Sticks & Tater Tots Fresh or Chilled Fruit	31 HALLOWEEN School Closed	 <p>Cook Up your own Recipe for Success during National School Lunch Week! This month we are asking you to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details. There will be three winners company-wide. Each winner will receive a gift basket and gift card. Each winner's recipe creation will be featured on the January Menu!</p>		

MENU SUBJECT TO CHANGE

Questions or Concerns?
 Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: (973)483-0033