

Christ the King Preparatory School

May 2017
Lunch Menu

Student Lunch \$3.25 Reduced Lunch \$0.40 Adult Lunch \$3.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

Great Grillers

Monday-Hamburger or Cheeseburger on a Bun
Tuesday-Buffalo or Crispy Chicken Sandwich
Wednesday-Philly Cheesesteak Hero
Thursday-Chicken Parm Sandwich
Friday-Tuna Sandwich

Deli Central

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings

Harvest Market

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

 Check us out on Facebook: *Maschio's Food Services, Inc.*

The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken BLT on a Roll Sweet Potato Waffle Fries Fresh or Chilled Fruit	2 Macaroni and Cheese Dinner Roll Vegetable Medley Fresh or Chilled Fruit	3 Pasta w/Meat Sauce Garlic Bread Garden Salad Fresh or Chilled Fruit	4 STAR WARS DAY Egg, Cheese, & Ham Solo on a Croissant Vader Tater Tots Galaxy Swirl Sorbet Fresh or Chilled Fruit	5 New Items!  Pizza Cheese Quesadilla Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day
8 New Item!  America Kentucky "Hot Brown" Sandwich Turkey Cheddar Bacon Melt on a Croissant with Tomato Slices and Turkey Gravy Soft Pretzel Stick Creamy Cucumber Salad Fresh or Chilled Fruit Kentucky Derby Day	9  Mexico Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa Steamed Rice Steamed Corn Fresh or Chilled Fruit	10  Germany Top Your Own All Beef Frankfurter on a Bun with Assorted Toppings and Sauerkraut Potato Wedges Applesauce	11  China General Tso's Chicken over Rice Broccoli Mandarin Oranges	12  Italy Mini Cheese or Pepperoni Calzones with Marinara Sauce Freshly Prepared Italian House Salad Fresh or Chilled Fruit
15 Half Day No Lunch Served	16 Rodeo Burger on a Bun with Onion Rings & BBQ Sauce Sweet Potato Crinkle Fries Fresh or Chilled Fruit	17 Meatball Parm Sub Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	18 Baked Ziti Garlic Bread Green Bean Fresh or Chilled Fruit	19 Mozzarella Sticks with Marinara Sauce Warm Breadstick Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
22 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	23 Pasta Day Pasta Bar with Alfredo Sauce, Meat Sauce, or Meatballs Marinara Garlic Bread Freshly Prepared Garden Salad Fresh or Chilled Fruit	24  SCOOP-A-BOWL with Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, and Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit	25 BBQ Roast Chicken Veggie Pasta Salad Dinner Roll Sweet Potato Crinkle Fries Fresh or Chilled Fruit National BBQ Month	26 Twisted Cheesy Breadsticks with Marinara Sauce Pasta Marinara Freshly Prepared Caesar Salad Fresh or Chilled Fruit
29 Memorial Day School Closed 	30 Cheesesteak Hero with Peppers and Onions Battered French Fries Fresh or Chilled Fruit	31 General Tso's Chicken Rice Broccoli Fresh or Chilled Fruit	 Celebrate World Food Week! May 8th-12th	

MENU SUBJECT TO CHANGE

Questions or Concerns?
 Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: (973)483-0033


Maschio's Food Services, Inc.
 "This institution is an equal opportunity provider"